



Thailand's Annual International Training Course (AITC)

Course Information

Community Mental Health 4 – 24 November 2020

Closing date for application: 17 August 2020

TICA: Thailand International Cooperation Agency is a national focal point for Thailand's international development cooperation. TICA was established in 2004 to realize Thailand's aspiration to be a contributor of development cooperation. Believing that global challenge are best addressed by international cooperation and global, especially through the concept of South-South and Triangular Cooperation, TICA continues to realign our focuses in order to deliver Thailand's commitment to be a relevant partner in global agendas including the 2030 Agenda for Sustainable Development.

AITC: Annual International Training Course was initiated in 1991 as a framework in providing short-term training for developing partners. Today, the AITC remains one of TICA's flagship programmes. It offers not only a training experience, but also a platform in exchanging ideas and establishing professional network among participants from across the world.

The Department of Mental Health, Ministry of Public Health Established in 1995, Royal Government of Thailand has been the nation authority on mental health, prociding mental health care services through its sub-ordinate 18 psychiatric hospitals and institutions, providing technical support and guidance for public and private health care provides, setting up and advocating for mental health policies, creating

public and policy awareness on mental health challenges as well as mornitoring and evaluating mental health programme.

AITC Theme: Public Health

Mental health is a very important component for health to economic and social development, nation security, regional and global stability. Thailand has been operating in accordance with the sustainable development framework. Sustainable development goals (SDGs) are key issues that have been adopted in the direction of the 12 National Economic and Social Development Plan (2017-2021) so that all regions can create a happy society.

Course Objectives

- 1) Demonstrate knowledge, attitude and skills in providing community mental health services.
- 2) Develop the project to ensure the possibility of setting up community mental health services in their countries after returning home.
- 3) To understand the concepts of Mental health
- 4) To develop the knowledge, skill and attitudes necessary for the recognition manamgement.
- 5) To develop a basic understanding of the principles and some basic skills.
- 6) To develop an understanding of the impact of societal, cultural and environmental.
- 7) To examine the local and ethnocentric approaches to psychological care in the community

- 8) To understand and acquire the skills on community assessment for mental health works.
- 9) To develop an appreciation of social responsibility within a community mental health context.

Course Methodology

Training methodologies to be used during this training course include;

- 1) Lecture;
- 2) Group Discussion and Presentation;
- 3) Project Development and Presentation;
- 4) Field visit.

Assignment and Evaluation

The training evaluation form should be completed by participants at the end of each module and at the end of training. The group discussion participation and presentation are parts of the evaluation. The feed backs are reviewed immediately in order to modified the training course for the next training.

Course Outline

The international community mental health training program includes five modules which cover all areas necessary to provide community mental health services as follow:

- 1. Foundation of community mental health and illness
- 2. Mental health problems in community
- 3. Mental health promotion and prevention
- 4. Development of mental health services in the community
- 5. Study Visits

Advance Assignment

Country Report includes the following;

- 1. Introduction
- 2. National demographic data and problem
- 3. National health care and health promotion systems
- 4. Technology development and tele-medical
- 5. The future of health care system

Participant Criteria

The eligible participants are health personnel such as;

- Medical doctor, residents or psychiatrist
- Mental health personnel including nurses, psychologists, social workers, occupational
- Public health personnel
- Public health or mental health administrators/policy makers
- Be able to participate in the training course for full time
- Be sufficient command of spoken and written English

Application

- Candidates must be nominated/ endorsed by their respective governments of the eligible countries/territories by the closing date for application.
- 2) Complete nomination documents must be submitted to TICA through the Royal Thai Embassy/ Permanent Mission of Thailand to the United Nations/Royal Thai Consulate-General accredited to eligible countries/ territories.

(See "List of Eligible Countries" for more information)

Number of Participants

20 persons.

Training Institution and Venue

Main lecture in Bangkok or Nonthaburi Site visit: psychiatric hospitals, general and community hospitals, primary care units and communities locating outside Bangkok

Terms of Awards

<u>For AITC Eligible Countries</u> – AITC Training Fellowship* include training fee, return economy-class, airfare, accommodation, allowance, insurance, airport transfer and social programme.

<u>For Non – AITC – Eligible Countries</u> – AITC Training Fellowship* include training fee, accommodation, allowance, insurance, airport transfer and social programme

* Subject to rates and conditions established by TICA

Selection and Confirmation

- Particular attention shall be paid to the candidates' background, their current position, and practical use they expect to make of the knowledge and experience gained from training on the return to their positions.
- 2) Selection of participants is also based on geographical distribution and gender balance.
- 3) Successful applicants will be informed approximately
- 4) Successful applicants must return duly completed and signed acceptance form by the deadline to confirm their participation in the programme.

Contact

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For more information on qualifications, application forms, and application procedures, please visit our website at http://www.tica.thaigov.net/main/en/information/73803-Annual-International-Training-Course.html

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